

# Weltwaerts Chronicles

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# CFSD

Both volunteers, Maurice and Till, continued their self-defence-teaching in Municipal Cooperation School "Pitale Shastri". 20 students enjoyed the lessons until the start of the big summer holidays. On the last day the volunteers said goodbye to their students after 4 months of teaching and distributed some sweets.



**Summertime at Pitale Shastri Highschool.**

Between end of April and beginning of June CFSD conducted several "Summer Camps" in different locations in the city. Main goal was to engage children from slum areas to participate in a diversified programme during their summer break. The



**Summertime at Abika Nagar.**

programme included games, drawing, singing, sports, henna and cleanliness drive. The volunteers helped the staff members during the summer camps and played with the kids.



**Summertime at Pawartoli.**

Volunteer Till assisted during the activities around the World Environment Day. In the morning CFSD conducted a Rally. In the morning 40 participants started a rally from Gokulpeth with posters,



**Participants of the rally on World Environment Day.**

banners and placards having message on segregation of solid waste at source. They also distributed leaflets to make people aware of methods of

preparing compost at home and also on biogas plants. Main goal of the rally was to make people aware of Solid Waste Management. The route covered –All India Institute Local Self Government, Walmikinagar Campus to Coffee house square, Laxmi Bhavan square, and then Shankar Nagar and from Shankar Nagar to Ram Nagar Square. This event was followed by a street play about the segregation of waste at the childrens traffic park.



**Street play about segregation of waste.**

Volunteer Maurice prepared the Annual Report. Both volunteers supported the marketing of CFSDs brooms, which are produced by women from CFSDs self-help-groups.



# CHIP

Children in Pain (CHIP) is a charity organization and social platform founded in March 1997 by a core group of doctors and educationists, driven by a desire to help create a better life for underprivileged children.

*"To provide a social platform with a dream for helping children, especially those in pain, CHIP believes in enabling this population by providing basic healthcare facilities and by striving to give them access to education, extracurricular activities and vocational training. We would like our children to develop into healthy, literate and productive beings." (CHIP's vision)*



Initially based in Kolkata (Calcutta), CHIP has now spread its wings to Mumbai and Nagpur. The Nagpur Chapter was founded in April 2012 by Mr. Sukesh and Ms. Sudha

Gandhi. The NGO mainly focuses on providing basic amenities to governmental schools south of Nagpur such as water pumps & storage tanks. It also supports its students by providing school dresses, shoes, compass boxes & bags for free.



Currently, CHIP works with the following 14 schools:

- Wakeshwar Aanganwadi
- Dongargaon Primary School
- Wakeshwar Primary School
- Mohgaon Primary School
- Bothali Primary School
- Waranga H. Primary School
- Warangatoli Primary School
- Panjari H. Primary School
- Nawarmari Primary School
- Sukali Primary School
- Mangrul H. Primary School

- Tumadi Primary School
- Borkhedi Phatak Primary School
- Ghuti Primary School

In November 2013, two German volunteers arrived in Nagpur to support the team of CHIP. Valentin M. and Lucas V. are mainly in charge of teaching English in governmental schools. For this purpose, they draft worksheets especially tailored for the students needs in order to achieve best possible learning progress.



During holiday season, a summer camp in Wakeshwar is conducted by the volunteers for the children from the surrounding villages. The program of the summer camp encompasses activities such as drawing, sports and English classes.



# CRTDP

The CRTDP, voluntary Organization having development program like Rural Development Program to strengthen the communities with unity to participate in their struggle for justice and for dignified human life.



Destitute Women & Children Program to empowerment of rural urban women. HIV/AIDS awareness, motivation and how to avoid HIV infections. Skill development & self employment program to impart skill to school drop-out youth for self employment, with special attention to child laborers, street children and destitute women.



Rehabilitation Training for infected and affected boys and girls. So far we have trained 169 HIV infected and affected boys and girls between the age groups of 12 to 18 years, in basic Nursing for girls Electrician, Refrigeration Repairs and Motor Cycle repairs for boys. 75% to 80% got job or self employed.



**Daniel Hofmann is teaching BMPT students photography and English classes.**

At present we have one Welwarts Volunteer Mr. Daniel Hofmann, he arrived on 7<sup>th</sup> April' 2014. Mr. Daniel Hofmann involve in almost all programs & activities of CRTDP in rural and urban



areas. He is very good Photographer, he is good teacher also. Mr. Daniel is to conduct Photography & English classes for Rehabilitation centre and BMPT trainees. Mr. Daniel with the financial help from his friends purchased 4 Cameras for practical training to BMPT trainees. On 17<sup>th</sup> June there was a big Goat Farming workshop held at village Nagazari, Mr. Daniel participated in the workshop and took photo-



graphs. We have started goat farming at BMPT, Fetri. Daniel also with Rehab trainees taking care of the goats, as per our routine visits to villages. Daniel also participate the visits and help us in many ways.



# IYW

We are very delighted to share another newsletter with you. In the last three months, many great events took place.

First, we were joined by two new weltwaerts volunteers in April. They were welcomed with open arms into our organization. Annika and Larissa came from Germany to share their experiences and knowledge with us. They will help us with our work and will get involved in our ongoing process to develop and steadily improve ourselves. We also conducted various health camps for truckers, migrant workers and female sex workers and participated in the annual celebration of World Environment Day.

## **Our new volunteers**

After their orientation phase, Larissa joined the Migrants Project. She started to go on field visits twice a week where she got to see our work with migrant labourers first hand. She took part in a number of health camps and observed our working process. Additionally, Larissa started to work on the creation of IC-material which is going to be indispensable for educating the

labour workers and raising awareness about HIV/AIDS among them. At the moment, the team participates in English lessons that she is teaching at our office. From July on Larissa will switch to a different project within IYW after finishing her work in the Migrants Project.



**The new volunteers: Annika and Larissa.**

Annika is working in the head office to support our director Miss Shilpa Mirashi with all the administrative office work. She will share skills and knowledge from her studies in Educational Science and previous internships in different NGOs. At the moment, she is writing and editing various fundraising proposals for different projects of the IYW. Furthermore, she is going to create a portfolio of the organization that we can hand out to potential donors. Thereby, they will get a good idea about the IYW. In the months to come, Annika will also

change the concept of the website and develop a social networking strategy, including an online magazine.

With a tearful and a joyful eye we said our goodbyes to our two previous volunteers, Annabelle and Sabrina. They were a great addition to our team and we were able to learn a lot from both of them. They helped our new volunteers to get settled and showed them around Nagpur during their first two weeks in India. After a very successful year, Annabelle and Sabrina returned to Germany in mid April.

## **Visiting the Red Light District, Nagpur**

On June 18<sup>th</sup>, our volunteers got the opportunity to visit the Red Cross India which works with brothel based female sex workers in the brothel area of Nagpur. The staff members of the Red Cross showed three of our own staff members, our two volunteers and our intern around the Red Light District. They were also able to talk to a handful of sex workers who work as peer educators for the Red Cross.



# IIYW

These answered all of our questions regarding the work and the lifestyle of a prostitute working under a pimp in this area. The staff members of the Red Cross India also explained to our team what kind of work they do in the area and how they try to keep the infection rates as low as possible by educating the women through various events throughout the year. The visit took place as part of the FSW project of the IIYW which works with non-brothel based female sex workers.

## Health Camp, Migrants Project

On May 10<sup>th</sup>, we conducted a health camp at one of the many labour points in Nagpur city. The camp started at 9:30am. The outreach workers from our team started to talk to the migrant workers and told them about the option of free HIV blood testings and a general health check-up by a doctor. The workers were registered and could decide whether they wanted to be tested. The doctor drew their blood and wrote prescriptions for any medication needed by the workers.

At the ICTC Station one of

the peer educators began to explain the causes and consequences of HIV/AIDS to a group that had gathered. Also the peer educator told them how to protect yourself and others from contracting the virus and other STIs. Free condoms and brochures were handed out to the workers.



**Health Camp: doctor with his patient.**

The health camp was a success and we reached a large number of workers that day.

## World Environment Day in Lonara on June 5<sup>th</sup>, 2014

On June 5<sup>th</sup>, 70 members of the IIYW met at Lonara Campus to celebrate World Environment Day. Everybody was dressed in green and the IIYW sponsored green caps with the slogan "Save Environment" for the whole team. We were playing lovely group games that were related to the important

motto of this year's World Environment Day: Raise your voice, not the sea level! Furthermore, our director and our special guests held inspirational, motivating speeches on environmental protection and our contribution to a better tomorrow. In between the speeches, Awangari workers from our AWTC and MLTC projects in Lonara presented short self-written plays on environmental topics.



**Rally on World Environment Day.**

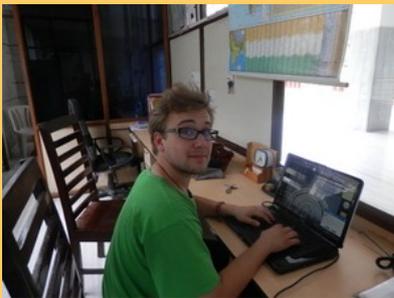
Our volunteers Annika and Larissa wrote two articles in our new online magazine and tweeted about the World Environment Day to spread awareness on these important issues.

Everybody enjoyed themselves and had a wonderful time in Lonara.



# Ecumenical Sangam

*Mr. Joris Grahl from East-frisia, Germany, participates in an eleven month voluntary service in the field of Public Relations at Ecumenical Sangam, Nagpur between 03.01. and 03.12.2014. The work at Sangam includes office work and writing of news and articles as well as visits of the rural projects and the educational programmes, organized by the Sangam.*



**Joris at work.**

His general office work is a wide-spread field of work. It includes the preparation of several propaganda materials like updating the facebook page, designing and preparing pictures and advertisements, flyers, reports and presentations. Time by time various different tasks come to him, he prepared the yearly report for the Sangam and helped out to prepare the interim reports for the last year. Whenever there are some technical problems he is asked to help out and

change files, designs of brochures and renew older texts and advertisements.

He frequently take part in the Health Check Up Camps and the Continuing Medical Education Seminars under the health programmes and support the Sangam staff in reporting and documenting the content of these events for the news section of the homepage. Additionally he is accompanying the regular visits of the Subcentres to stay informed about the activities and to collect information to keep the Reports and Newsletters updated and off course to get various experience in work development



**Joris with doctors-team at a Health Check up Camp near Gondwana.**

He attends the visits of (non-) project related study groups, support the staff in showing and explaining the activities,

work fields and other specific wishes. Groups and single persons come to discover Nagpur with very different intuitions. Former visitors and interested people were in company of him to be informed about the possibilities they have to participate in the projects or to gather information they need to realize their own ideas. For this reason they may need help in receiving background information about the Slums, rural areas and Sangam's projects or just want a guide for the City. Through these kinds of visits he has had the chances to have insights in the other NGOs' in Nagpur and conducted a Seminar about "International Social Work" at Mure Merorial Hospital at Nagpur.



**Joris attending Health Camp.**



# Ecumenical Sangam

To support the guest-house and improve the guided tours, he is working on a folder about Nagpur. All relevant information will be collected by him. This will contain the sight scene and historical dates, places-to-go (restaurants, cinemas, etc) and other related facts interesting for visitors. He is doing hard work to get rich experience and is learning a lot during stay with Ecumenical Sangam, Nagpur.



**Joris visiting a village.**



# Mure Memorial Hospital

The Mure Memorial Hospital, founded by Agnes Henderson in 1896, is a charitable Non-Governmental Organization and a missionary hospital that aims to provide medical care to people of all social classes. It has a capacity of 125 beds with specialized doctors in several subjects, including the "Helen Mure Home for Aged", a training college of nursing and various community service projects in slums and villages nearby, especially considering the topics of health and nutrition.

The German organization *Deutsch-Indische Zusammenarbeit e.V.* works together with MMH. This cooperation dates far back into the past as the current director of the DIZ was born in MMH. Since 2012, the DIZ is sending up to four volunteers in MMH every year that are assisting in various working fields of the NGO. In the current batch Roja Massoumi, Constanze Sathoff and Diana Vuzic from Germany joined the family of the MMH.

**Roja Massoumi (24 years, Bachelor Psychology, Germany)**

In MMH I am working in

the training college of nursing. Mainly I am working as a Psychology tutor. In addition I am categorizing the medical books in the library and organizing a section with story books that the students can read in their free time.



Constanze, Diana and Roja

Also I am organizing workshops and activities for the nursing students. When the nursing students were having the Board Exam, they were facing many fears that made it difficult for them to study effectively. In the „Test Anxiety Workshop“ the girls were taught about Test anxiety and certain relaxation techniques that helped them stay calm before and during the Exam. In additional „one to one sessions“ I helped them with time management strategies and Learning methods. Through the „motivational workshop“ that I organized, the students should learn about the qualities of a nurse and the professional etiquettes that are required

in the nursing profession. They will reflect their own behavior and develop more empathy for their patients.

In addition I did a workshop in which the students learn about biological and psychological changes in old age. Once in a week these girls will visit the Old age home of the MMH with me and spend some quality time with the people living there. Here both, the students and also the old people can benefit from each other. Since the girls are living in a hostel for three years, their freetime activities are limited. I am planning to start a Yoga lesson for the students so they can learn how to find a balance between mind and body.

**Diana Vuzic (23 years, Bachelor Political and Administration Science, Germany)**

In MMH, I am working as an English teacher for the nursing students and furthermore, I am also giving computer classes together with Roja Massoumi. These lessons enable the students to a wider range of education while the knowledge also provides them with better job perspectives in the future.



# Mure Memorial Hospital

Besides that, I supported the staff in the store room of the hospital. I helped them by restoring the articles and developing a new system for the files and medications.

Currently, I am placed on the wards with Constanze Sathoff in order to reorganize the Inventory System and patient files along with categorizing, cataloguing and outing the medication. This administrative work aims to facilitate the work of the staff in MMH. A better overview can be given, therefore required items will be found faster and more easily. Moreover, all of us are organizing movie nights for the staff and nursing students.

**Constanze Sathoff (25 years, registered nurse, Germany)**

In MMH, I am working as a supporting nurse on the wards. I am also training the students and tutoring them about different diseases. They should be able to set a realistic aim for the treatment of the patient. Furthermore, I am doing on-bed education in order to gain a better communication between nursing students and patients, which decreases the pa-

tient's anxiety and keeps him calm. The patient should be informed and involved in every step of the nursing care. Moreover, I am encouraging them to build up a good professional relationship. I also gave extra tuition for the exams of the students and answered specific questions in their studying time.

Besides that, I have prepared handouts for the ICU regarding several topics like "Emergency Drugs and "How to do a Cardio Pulmonary Reanimation?" for example, in order to explain the drugs and their side effects and enlighten every single step of how the nurses should react until the doctor will arrive in the hospital.